

**August 2020**

## **One Step Newsletter**

**The official newsletter of One Step Software**

## How Digital Patient Monitoring Improves Outcomes of your Treatment Center

Outcomes data is becoming more and more important to treatment programs for a multitude of reasons including Joint Commission requirements, marketing, and the impact on the bottom line. In our tech-heavy world, the best way to collect outcomes is digitally engaging with your clients. For example, One Step Software has a client engagement app that not only allows programs to automate their outcomes collection, but also increases client engagement during their recovery. See below ways how digital patient monitoring can improve your outcomes too.

### **Ensure continuity of care**

Being able to digitally monitor your clients post discharge ensures they have the continuity of care needed for successful recovery. Are they attending a sober living? Are they attending AA meetings? Are they staying sober? Being able to stay in touch ensures that you're able to provide the support needed to keep them on the road to recovery.

### **Engage and provide support for your clients after discharge**

Providing your clients with a way to stay engaged with their treatment program can help them stay accountable. Digital patient monitoring can allow programs to send digital resources, track outcomes to ensure clients are staying well, send out alumni events to build a sober and supportive community, and also provide the additional support and connection needed for a successful recovery.

### **Digital World**

As we are all experiencing this new world that we are living in, it's become a reality that we've all been forced to quickly adapt to. What this new environment has brought to light is the need for remote engagement. How do you do this? Digitally.

Provide your staff and clients the digital tools necessary to engage and stay accountable. The more accountable and the more engaged, the more outcomes will improve. Voicemails and numbers changes are inevitable, so finding alternative digital means to stay in touch with clients can ensure continued data collection, which in turn can help programs provide the appropriate resources and help needed.

These are just some of the ways digital patient monitoring can improve outcomes for your program. If you're interested in learning how One Step may be able to help, let us know!

# Recent News and Updates

## **Warren Coalition to use \$1M grant for addiction treatment programs**

By: Josette Keelor, The Northern Virginia Daily

## **Drug treatment, decriminalization measure officially certified for ballot**

By: Hood River News (OR)

## **Sen. Daines hears case for additional MT drug court funding**

By: MTN News (MT)

## **Governor Cuomo Announces Nearly \$1 Million to Expand Mobile Addiction Treatment Services**

By: Gov. Cuomo (NY)

## **Drug overdoses were increasing before Covid-19. The pandemic made things worse**

By: German Lopez, Vox

## **Is Congress finally awakening to our nation's addiction crisis?**

By: Joseph A. Califano, Jr. and Creighton Drury, Opinion Contributors, The Hill

## **Shatterproof launches free addiction treatment locator tool with backing from Aetna, Anthem, Cigna and UnitedHealth**

By: Heather Landi, Fierce Healthcare

## **Dallas County officials want more funding for adult treatment center while state seeks budget cuts**

By: Shaun Rabb, Fox 4 (TX)

## **Brain Retraining Smoking Addiction Treatment Program Expert Report Launched**

By: Richard Miller, Newswire

## **PTSD Therapy Doesn't Trigger Drug Relapse in Addiction Patients: Study**

By: Robert Preidt, HealthDay Reporter, US News

# Upcoming Events

**CCSAD** - Cape Cod Symposium on Addictive Disorders - Virtual

- **September 10-11, 2020**

**Joint Commission** - Behavioral Health Care and Human Services Conference - Live Virtual

- **October 28-30, 2020**

**WCSAD**- West Coast Symposium on Addictive Disorders:

- **December 3-4, 2020**

**Evolution** - Evolution of Addiction Treatment:

- **March 2-5, 2021**

# Special Announcements

Special shout out to one of our clients, [Slade Skaggs](#), on moving towards opening his second home for Recovery Centered Living. Congratulations!